Do cigars cause thirdhand smoke?

Some people think that cigars are safer than regular cigarettes since most cigar smokers do not inhale. In fact, cigar smoke contains numerous toxic chemicals, some of which cause cancer, just like cigarettes.

One full-size cigar contains almost the same amount of nicotine as a whole pack of cigarettes. Cigars have similar chemicals as cigarettes, but in different amounts. Cigars have more nitrogen compounds, ammonia, and tar than cigarettes. These compounds, when smoked, produce some of the most dangerous cancer-causing substances known, such as tobacco-specific nitrosamines. Cigar smoking is also associated with erectile dysfunction and early tooth loss.

Cigars produce secondhand smoke that, just like secondhand smoke from cigarettes, results in toxic thirdhand smoke that will become embedded in surfaces, clothes, carpets, furniture, and walls.

**Sources**


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